

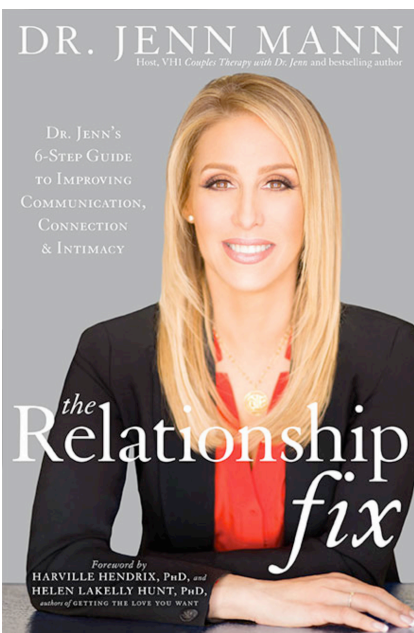
## DR. JENN MANN

# Dr. Jenn Mann

is one of the most well recognized psychotherapists in the country. Most known as the host and therapist for VH1's long standing hit shows *Couples Therapy with Dr. Jenn* and *Family Therapy with Dr. Jenn*, she has appeared as a guest expert on hundreds of other shows including: *The Today Show*, *The Early Show*, *Dr. Oz*, *Wendy Williams*,



*The Doctors*, *The Maury Show*, *Steve Harvey*, *Entertainment Tonight*, *Access Hollywood*, *The Insider*, and *Jimmy Kimmel Live*. She has been a host and/or cast member on many series including *Shopaholic 911 (Style)*, *Pretty Wicked (Oxygen)*, *Propose or Die (NBC)*, *Family Forensics (A&E)*, and *Married By America (Fox)*.



She is the author of multiple best selling advice books including: *The Relationship Fix: Dr. Jenn's Guide to Improving Communication, Connection & Intimacy*, *SuperBaby: 12 Ways to Give Your Child a Head Start In the First 3 Years* and *The A to Z Guide to Raising Happy Confident Kids* which have collectively spent five weeks on the best seller list. She is also the co-author of the children's book *Rockin' Babies* which she co-wrote with her mother, Grammy award winning songwriter Cynthia Weil. Her monthly Dr. Jenn column was printed in *Los Angeles Family Magazine* and nine other magazines and ran for over a decade. Her writing has won many awards including *The March of Dimes Community Award*, the *Molina Literacy Award*, multiple *Mom's*

*Choice awards*, the *Purple Dragon Award* in children's literacy, and multiple awards from the *Parenting Publications of America*.

Dr. Jenn spent five years hosting her popular, five day a week, call-in advice radio show The Dr. Jenn Show on Sirius XM. Prior to that she co-hosted a nightly call-in advice show called On the Couch with Bradley Wright on Star 98.7 (then Clear Channel, now iHeart Radio). Before that, she had a weekly call in show on KEYT News called Ask Dr. Jenn where she spoke about current events and gave advice to callers. That show was live on KEYT televised news and simultaneously on the radio station. Dr. Jenn has hosted specials and done fill-in hosting on KFI, Playboy Radio and Stars.



Dr. Jenn wrote her doctoral dissertation on weight loss, eating disorders, body image and the use of intuitive eating. She created her popular weight loss app "No More Diets" application, which is currently available on iPhone & iPad, on that dissertation. She was part of the USA Gymnastics Taskforce on the female triad (eating disorders, amenorrhea and osteoporosis).

Dr. Jenn was an elite level rhythmic gymnast. She spent five years on the United States National Team,

five years on the United States National Team, competed internationally, performed exhibitions in the 1984 Olympic Games, and was the junior national champion, winning five gold medals out of five. It was as an competitor, that she started studying sports psychology techniques. She later went on to do sports psychology consulting for USA Gymnastics and now provides her services in private practice to people at all levels, from recreational athletes to Olympic competitors.



Dr. Jenn spent years working for The Los Angeles Commission on Assaults Against Women (LACAAW, now called Peace Over Violence) as a rape and domestic violence counselor and provided accompaniments for rape survivors to hospitals and police stations. She trained hundreds of women to perform hotline counseling.

Dr. Jenn is a licensed Marriage, Family and Child Therapist (L.M.F.T) and has been in private practice in Beverly Hills for almost three decades. Prior to that she interned at the South Bay Center for Counseling and later the Beverly Hills Community Clinic where she later became the assistant associate director.



She lives in Beverly Hills, California with her partner, successful business man and television personality, Eric Schiffer and twin daughters, Quincy and Mendez. They live near her Grammy award winning parents, Barry Mann and Cynthia Weil, who the Broadway show Beautiful is based on.

Twitter, Instagram, Facebook & Snapchat: @DrJennMann

**Website:** DoctorJenn.com

## DR. JENN MANN

### Television

- ✓ Host of VH1 Couples Therapy with Dr. Jenn (6 seasons)
- ✓ Host of VH1 Family Therapy with Dr. Jenn
- ✓ Host VH1 Couples Therapy with Dr. Jenn Reunion (two part special, live audience)



- ✓ Regular on: Access Hollywood, The Maury Show, The Steve Harvey Show, The Doctors, The Insider, Home & Family and others.
- ✓ Regular on the morning shows: The Today Show and The Early Show
- ✓ Appeared on hundreds of television shows as a psychological expert
- ✓ Experienced television host, cast member and judge (Fox, NBC, A&E, Oxygen, Style)



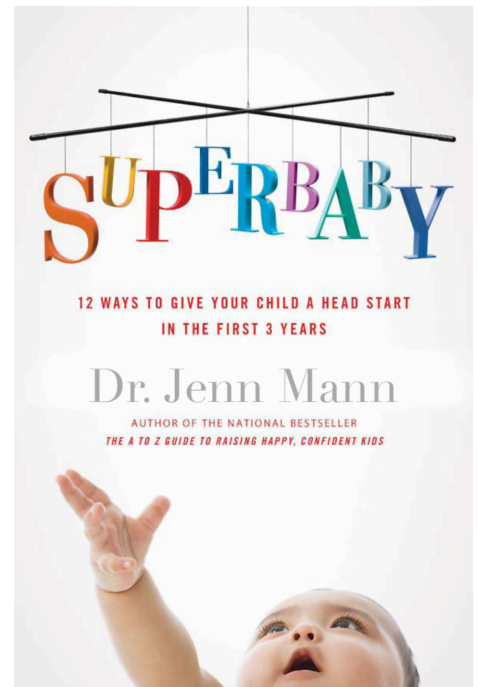
### Radio

- ✓ Host of The Dr. Jenn Show, a national call-in advice show on Sirius XM on the Stars channel. Show aired live two hours a day five days a week and ran for five years.
- ✓ Host of radio specials such as "Dr. Jenn's Valentine's Day Special" (KFI) and "Break Up Bootcamp with Dr. Jenn" (Sirius XM)
- ✓ Regular guest on hundred of shows, many in top radio markets

- ✓ Hosted On the Couch on Clear Channel's Star98.7 for two years
- ✓ Hosted Ask Dr. Jenn segment on KEYT for one year, show was simultaneously broadcast on KEYT News television

## Book

- ✓ Author of The Relationship Fix: Dr. Jenn's 6-Step Guide to Improving Communication, Connection & Intimacy (Hardback 2016, Sterling Publishing)
- ✓ Author of SuperBaby: 12 Ways to Give Your Child a Head Start in the First 3 Years (Paperback August 2011/Hardback September 2010, Sterling Publishing), Los Angeles Times best seller for three weeks
- ✓ Co-author of the children's book Rockin' Babies (May 2011, Sterling Publishers)
- ✓ Author of The A to Z Guide to Raising Happy Confident Kids (April 2007, New World Library) Los Angeles Times best seller list



## Print/Online

- ✓ Regular source for: USA Today, Elite Daily, Bustle, Cosmopolitan Magazine, US Weekly, Men's Health, The Closer, Redbook, OK! Magazine, Life & Style, and others
- ✓ Advisory Board Member for Parents Magazine
- ✓ Dr. Jenn column ran for 10 year in five different magazines had over half a million readers



## Award

- ✓ March of Dimes Community Award (November 13, 2010)
- ✓ Molina Literacy Award for work in child development and literacy (October 2010)

- ✓ Mom's Choice Award in parenting and child development (Gold medal in 2011, Silver medal in 2007)
- ✓ Winner of The Purple Dragon Fly Award in children's literature (June 2011)
- ✓ Parenting Publications of America award in parenting and child development for "Dr. Jenn" column
- ✓ Member of the USA Rhythmic Gymnastic Team 1982-1986

## New Media

- ✓ DoctorJenn.com
- ✓ Active on Twitter, Facebook, Instagram and Snapchat
- ✓ No More Diets app for iPad and iPhone, Android

## Education

- ✓ Doctoral degree (Psy.D.) in Clinical Psychology with a specialty in marriage, family and child psychology from The Chicago School (formerly California Graduate Institute), 2001
- ✓ Masters of Arts (M.A.) degree in Clinical Psychology from Antioch University, 1994
- ✓ Bachelor of Arts degree (B.A.) in Mass Communications with a specialty in television and print journalism, 1991

## Licenses & Certifications

- ✓ Marriage and Family Therapist, licensed by the Board of Behavior, 1997- now
- ✓ Certified hypnotherapist, certified by Transpersonal Psychology Research and Education, 1995
- ✓ Certified crisis counselor, certified by Los Angeles Commission on Assaults Against Women (now known as Peace Over Violence)

## Clinical Experience

- Private Practice, 1998 - Present
- Beverly Hills Community Clinic, 1994 - 1998
- South Bay Center for Counseling, 1993 - 1994
- Los Angeles Commission on Assaults Against Women, 1991 - 1993

## Representatives

**TV= ICM- Tyler Kroos (310) 550-4264 + Matt Sorger (212) 556-5651**

**Radio= Workhouse Media- Paul Anderson (206) 352-3200**

**Lit= Mann Agency- Carol Mann (212) 206-5635**

**Attorney= Miloknay Weiner- Joe Weiner (323) 935-3400**

